



Free Pattern

BY HOOPS & EXPECTATIONS



STAY AT HOME





Materials

- EMBROIDERY THREAD
- NEEDLE
- HOOP
- FABRIC
- SCISSORS

DMC NUMBERING SYSTEM



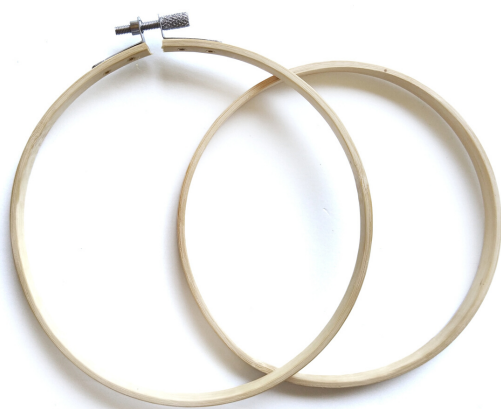
3773



3051



310





Pattern



PRINT THIS PAGE AND FOLLOW THE TRANSFER GUIDE



Transfer Guide

TRACING

Place your fabric over the design. Using a fabric pen follow the lines. You can use a light box or even a window!

CARBON PAPER

Place a carbon paper over the fabric. Then place your design over the carbon paper. Follow the lines with a sharp pen.

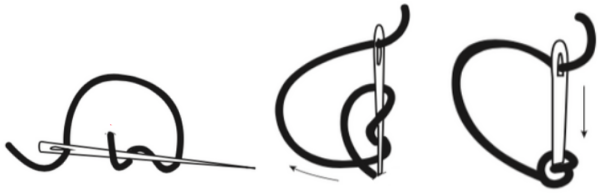
STABILIZER PAPER

It has the firmness and feel of fabric. Print your design on it (with your home printer). Remove the back paper and stick it on the fabric. Once you've done stitching, wash it away and it will vanish with water contact.

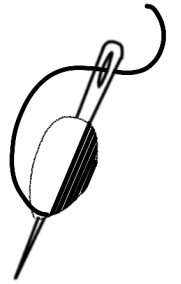




Stitch Guide



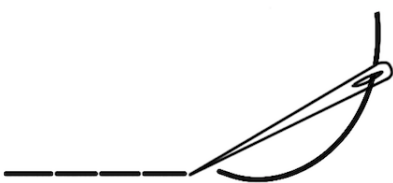
FRENCH KNOT



SATIN STITCH



BACK STITCH





How to finish your hoop

Once you've finished your work, trim around the excess fabric, leaving at least 1" of fabric.

Stitch a row of large running stitch around the excess fabric. Make sure that you leave a long tail at the beginning.

Once you've stitched the full circle, take the thread ends and pull them together to gather the fabric. Knot the thread.





About

H&E

Hoops & Expectations isn't just embroidery, it's a lifestyle. H&E is an expression of creativity that was born in Houston, Tx in June 2017 from the love of hand made things and DIY crafts.

I want to show you how fun and trendy embroidery can be. Check out my patterns, DIY kits and custom backpacks at etsy.com/shop/hoopsandexpectations

SHARE

I'd love to see your work, so please don't hesitate to share your progress or finished hoop on Instagram tagging @hoopsandexpectations or using the hash-tag #hoopsandexpectations.

You can also visit our web hoopsandexpectations.com, Pinterest, and youtube channel for tutorials and more embroidery tips.



HOOPS & EXPECTATIONS

hand embroidery